

2017 EQUIPMENT AND KIT LIST

- Notes for St Albans Scout team

PERSONAL KIT

Where specific brand and model are mentions, these were suggested by the organisers

	ITEM		SPECIFICATION NOTES
1.	RUCKSACK with WATERPROOF LINER	M	Rucksack liner: maybe rubble bag is best option?
2.	WALKING BOOTS	M	Hopefully no problems, but check size etc NOW
3.	LONG SLEEVE WICKING BASE LAYER	M	Cheap base layers available, such as SportsDirect Sondico long sleeves are £5-£10: check that it is man-made fibre
4.	LONG SLEEVE JUMPER OR JACKET:	M	No problems?
5.	WATERPROOF/ WINDPROOF JACKET	M	Make sure not outgrown. If new, certainly try to get breathable/ taped seams as recommendation. Most from proper camp shops will be as this
6.	WALKING TROUSERS	M	Hopefully no problem My scout trousers are 65% polyester, 35% cotton, so yours might would do, if no other
7.	WALKING SOCKS	M	Most proper hike socks would be as specified.
8.	GLOVES or MITTS	M	I think proper gloves are needed: full finger cover
9.	WARM HEADWEAR	M	No problems? Buff as extra is good, if you have one. But not instead
10	WATERPROOF OVERTROUSERS	M	Check not outgrown.
11.	SLEEPING BAG	M	One of many possible sleeping bags that are in spec: Highlander Echo 250, £45. But others also possible, of course Sleeping bag liner (to go with sleeping bag that does not quite make the grade – see specs): Mountain Warehouse microfibre £10 - this should do, but each participant needs to check separately with the kit check email address (in info sent to you), sending in email: name of scout "St Albans Scout Team" make and model of sleeping bag make and model of liner
12.	KARRIMAT or SELF – INFLATING MAT	M	
13.	TORCH with SPARE BATTERIES & BULB	M	Hopefully no problems
14.	PLASTIC or ANODISED ALUMINIUM WHISTLE	M	
15.	SPARE BOOT LACES	M	We need to check on spec: Minimum 150 cm length?
16.	WATER BOTTLE (min 2 litres, filled)	M	Presuming a combination of bottles to give 2 litres.
17.	EMERGENCY RATIONS	M	Each scout to bring, in addition to munchies to eat,
18.	PERSONAL FIRST AID KIT (if required)	O	Presumably only for personal medications. We will supply team first aid kit
19.	PENCIL/PEN	M	Each scout should bring

20.	EMERGENCY CARD	M	Given at start line
21.	FOOD FOR SATURDAY LUNCH	M	In non-crushable, but light lunchbox
22.	HOT SATURDAY DINNER	M	Will be supplied
23.	HOT SUNDAY BREAKFAST	M	Will be supplied
24	EATING/DRINKING IMPLEMENTS	O	Will suggest, once all menu is known

TEAM EQUIPMENT

All will be provided, except as indicated

	ITEM		NOTES
1	2 COMPLETE TENTS	M	
2	TEAM SHELTER	N/A	
3	2 STOVES AND SUFFICIENT FUEL	M	
4	MATCHES OR LIGHTER	M	
5	ADEQUATE COOKING POTS FOR THE TEAM	M	
6	UNBREAKABLE VACUUM FLASKS FILLED WITH HOT BEVERAGE	Sun only	
7	2 WATERPROOF MAP CASES	M	
8	2 MAP READING COMPASSES	M	Scout should bring own, if available, otherwise will be provided
9	INDELIBLE OHP/PERMANENT PEN		
10	FIRST AID KIT	M	We will provide
11	2 WATCHES	M	Need these from scouts
12	2 x MAN SIZED SURVIVAL BAGS	M	
13	NOTEBOOK	M	
14	2 x LARGE ZIPLOCK TYPE BAGS	M	
15	4 x 50p PIECES OR MOBILE PHONE	M	Mobile phone, if possible from scout, but for emergency use only and must be fully charged, turned off and in a sealed plastic bag.
16	2 x 50ml ANTIBACTERIAL HAND GEL	M	